



RESOURCES AND REPORTING

Sexual Violence Relationship Violence Stalking

go.ncsu.edu/safe

If You Have Experienced Sexual Violence, Relationship Violence or Stalking

IMMEDIATE STEPS

- Go to a safe place, such as your RA's room (for students), a friend's room or any open office on campus.
- Call someone you trust, such as a friend or family member. You do not have to go through this alone.
- You may want to preserve evidence. After sexual violence, do not shower until you have considered whether to have a no-cost forensic sexual assault examination at the hospital. Save the clothes you were wearing (unwashed) in a paper or cloth bag. Take photos of any damage or injury and keep communication records.

WITHIN 24 HOURS

- Seek support. You may want to turn to a survivor advocate or counselor for support or advice. They will talk with you about your options for reporting and additional support services. Please note that some advocates are not confidential and may be required to report (see **Help and Resources**).
- After unwanted physical contact, get medical attention. A medical provider can check for and treat physical injury, sexually transmitted infections and pregnancy. You do not need to make a formal report or press charges to receive medical care.

ANY TIME

- Consider making a report. You are encouraged to report to both the Police and the Office for Institutional Equity and Diversity's Equal Opportunity and Equity (EOE) unit. You can decide how much you would like to participate in any investigation process. Reporting to Police is not required but ensures that the survivor receives appropriate medical treatment and tests. Reporting to either EOE and Police will ensure that the survivor has access to important resources.
- NC State *can* help. You do not need to make a formal report or press charges to receive help from NC State. Campus-based resources can help you with changes to your housing, classes, work and more.

What is sexual violence?

Sexual violence is contact without consent; for example, rape, sodomy (oral or anal sex), sexual battery (e.g., grabbing breasts, buttocks, private areas, forcible fondling).

What is relationship violence?

Relationship or interpersonal violence occurs when one person in a social relationship of a romantic or an intimate nature uses abuse to maintain power over a partner. Abusive behaviors can be physical or emotional, including but not limited to threats of self-harm or harm to others, pervasive and derogatory name calling, belittling, isolation or engaging in sexual acts while in a dating or domestic relationship when one of the individuals does not consent.

What is stalking?

Stalking is engaging in a course of conduct directed at a specific person, whether in the context of a social or intimate relationship or otherwise, that would cause a reasonable person to feel fear for their safety or the safety of others or suffer substantial emotional distress. Stalking, including cyberstalking, may include, for example, non-consensual communication, including in-person communication or contact, surveillance, telephone calls, voice messages, text messages, emails, social networking site postings, instant messages, postings of pictures or information on websites, written letters, gifts or any other communications that are undesired and/or place another person in fear of, or at risk of, physical injury or danger.

What is consent?

"Consent" means an affirmative decision to engage in sexual activity given by clear action or words. It is an informed decision made freely, willingly and actively by all parties. Behavior will be considered "without consent" if no clear consent, verbal or nonverbal, is given. Consent cannot be procured by physical force, compelling threats, intimidating behavior or coercion. A person cannot give consent if incapacitated as a result of alcohol or drug consumption (voluntary or otherwise), unconscious, unaware or asleep during the act, under the legal age to provide consent, or otherwise lacking the capacity to consent. A lack of protest or resistance is not a valid form of consent. Silence is not a valid form of consent. A prior relationship or prior sexual activity is not sufficient to demonstrate consent. Consent can be revoked or withdrawn at any time, even during a sexual act. If consent is withdrawn, the sexual act is no longer consensual.

Protective Measures

INTERIM PROTECTIVE MEASURES

As part of NC State's response to a report of sexual discrimination or sexual violence, NC State must provide interim measures or offer accommodations to address issues that impact reporting parties and accused party's educational, living or work environments, regardless of whether there has been a request for formal disciplinary or law enforcement action. These interim measures can often be put in place very quickly, prior to the resolution of any report or a criminal proceeding. Examples of interim measures and accommodations available include "no-contact" orders, changes in work schedules, job assignments or class schedules, access to counseling or other NC State resources, legal resources and support, academic support services, housing relocation, assistance in addressing off-campus living or withdrawing from courses without penalty.

CIVIL PROTECTION

You may seek a civil "no-contact" protective order (known as a 50C order). These orders are for a determined period of time. You may have to petition the court to have the time extended. A civil no-contact order is a court order that aims to protect you from unwanted sexual conduct or stalking by someone with whom you do not have an intimate or familial relationship (such as an acquaintance, co-worker, neighbor or stranger). For more information, students may contact Student Legal Services. Employees may need to contact an attorney.

CRIMINAL PROTECTION

If you had a personal relationship with the perpetrator, you may seek a domestic violence protective order (also known as a 50B order). A domestic violence protective order can help you by ordering the assailant not to assault, threaten, abuse, follow, harass or interfere with you or your children either in person, at work, on the telephone or by other means. For further information, students may contact Student Legal Services. Employees may need to contact an attorney.

Contact: Title IX Coordinator

Title-IX-Coordinator@ncsu.edu
Office for Institutional Equity and Diversity
919.513.0574

CONFIDENTIAL NC STATE RESOURCES

Confidentiality will be maintained by these resources and you will be protected to the fullest extent possible in accordance with NC State policies and federal and state law.

Counseling Center, 919.515.2423, 2815 Cates Avenue, 2nd Floor, counseling.dasa.ncsu.edu, free, confidential counseling services for students, weekdays, 8:00 a.m.-5:00 p.m. and on-call services for crisis/emergency situations, 24/7.

Student Legal Services, 919.515.7091, 1107 Pullen Hall, studentlegal.dasa.ncsu.edu, free information for students on all legal options related to sex discrimination and/or gender-based violence, weekdays, 8:00 a.m.-5:00 p.m.

Student Health Services, 919.515.7107, 2815 Cates Avenue, and **Women's Health**, 919.515.7762, 2815 Cates Avenue, healthypack.dasa.ncsu.edu, free and low-cost on-campus medical services for students; see website for hours.

Faculty and Staff Assistance Program, 866.467.0467, hr.ncsu.edu, confidential, free counseling to help employees, partners and their dependents cope with personal problems.

EXTERNAL RESOURCES

These are confidential resources external to NC State.

InterAct, 919.828.7740, 1012 Oberlin Road, Raleigh, NC, interactofwake.org, a non-profit United Way Agency that provides services to survivors of domestic violence and rape/sexual assault, including information, short-term counseling, court assistance, support groups, referrals and S.A.F.E. Center accompaniment.

Solace Center, 919.828.3067, 1012 Oberlin Road, Raleigh, NC, interactofwake.org, a designated area for the forensic examination and treatment of survivors of rape/sexual assault.

For additional resources, including information for those who have been accused, please see the Safe at NC State website: go.ncsu.edu/safe.

PRIVATE RESOURCES

Confidentiality cannot be guaranteed using resources in this column as they are subject to Clery Act and Title IX reporting requirements. They will maintain privacy to the extent possible and will only disclose information on a "need to know" basis.

NC State Police, 919.515.3000, police.ehps.ncsu.edu, enforcement of North Carolina law, investigation of crimes, emergency response, university patrol and safety education.

Office for Institutional Equity and Diversity, 919.513.0574, oied.ncsu.edu, home to NC State's Title IX coordinator and Equal Opportunity and Equity (EOE); investigates complaints, takes reports, provides interim measures and accommodations.

Office of Student Conduct, 919.515.2963, studentconduct.dasa.ncsu.edu, supports a safe, respectful learning environment by educating students about NC State's policies, rules and regulations; administers the Code of Student Conduct; conducts the review and resolution process.

ADVOCACY AND SUPPORT

Women's Center, 919.515.2012, 5210 Talley Student Union, wc.oied.ncsu.edu, advocacy and support for sexual and relationship violence survivors with a designated interpersonal violence prevention coordinator.

GLBT Center, 919.513.9742, 5230 Talley Student Union, glbt.ncsu.edu, advocacy and support for sexual and relationship violence survivors with knowledge of GLBTQ concerns.

ADDITIONAL CAMPUS RESOURCES

Sexual Assault Helpline, 919.515.4444, wc.oied.ncsu.edu, 24/7/365 telephone hotline available to anyone impacted by dating violence, sexual assault, rape, stalking or other forms of gender-based violence.

Violence Prevention and Threat Management, vptm.ehps.ncsu.edu, 919.513.4224, Administrative Services III, Suite 108, provides intervention in situations that pose or may pose a threat to the community and safety planning assistance.

WHERE TO FILE

Any person may report alleged misconduct involving acts of interpersonal violence to:

IN PERSON or BY PHONE

NC State Police, 911 (for emergencies) or 919.515.3000, for enforcement of North Carolina law, investigation of crimes and emergency response.

Office for Institutional Equity and Diversity, Equal Opportunity and Equity (EOE), 919.513.0574, for investigation and response.

Individuals who have experienced interpersonal violence will receive referrals to appropriate resources, such as advocacy, counseling and/or medical treatment, as listed under **Help and Resources** in this brochure.

ONLINE

Provide a full report online at the Safe at NC State website: go.ncsu.edu/safe.

ANONYMOUSLY

Report anonymously online at the Safe at NC State website: go.ncsu.edu/safe.



You have the following rights:

- **To be protected from retaliation.** NC State or any officer, employee or agent of NC State may not retaliate, intimidate, threaten, coerce, or otherwise discriminate against any individual for exercising their rights or for utilizing the institution's procedures for reporting interpersonal violence;
- **To be informed** of all reporting options, including an explanation of the procedures for making reports of misconduct against a student or an employee;
- **To pursue criminal charges and/or a university action;**
- **To receive interim protective measures and accommodations,** including but not limited to "no contact orders" and changes to academic, living, transportation and working situations;
- **To receive information** on all available resources;
- **To receive an explanation of any applicable charges** from NC State Police and/or Student Conduct, if appropriate;
- **To have all reports of interpersonal violence investigated** by EOE and/or NC State Police or applicable external law enforcement entity;
- **To be free from harassment, intimidation and retaliation** from respondents and others;
- **To be a witness in an investigation and/or disciplinary process;**
- **To not have your sexual history discussed** during the investigation and/or in any hearing;
- **To be informed of the outcome** of the investigation and any related hearing to the extent allowed under state and federal law and NC State policies.